


OGDEN SENIOR CENTER NUTRITIONAL MENU May-18

<p>MONDAY</p> <p style="text-align: center;"><i>All meals served with milk, bread, and butter. Soup served with crackers.</i></p>	<p>WEDNESDAY 2</p> <p>Meat Loaf w/Vegetable Gravy Mashed Potatoes Scandinavian Blend Vegetables Wheat Bread Pineapple</p>	<p>FRIDAY 4</p> <p>Sweet & Sour Pork over Brown Rice Oriental Blend Vegetables Spinach Dinner Roll Fruit Cocktail</p>
<p style="text-align: right;">7</p> <p>Breaded Haddock w/Tartar Sauce Red Jacketed Potatoes Tuscany Blend Vegetables Wheat Bread Peaches</p>	<p>HONOR MOTHER 9</p> <p>Roasted Chicken Breast w/Dressing Mashed Potatoes & Gravy Malibu Blend Vegetables Wheat Dinner Roll Chocolate Cake</p>	<p>Chili Bingo Event 11</p> <p>Pub Burger on Bun w/Condiments Summer Potato Salad Apple Juice Fresh Fruit Cup</p>
<p style="text-align: right;">14</p> <p>Chicken ala King over Biscuit Carrots, Peas Apricots</p>	<p style="text-align: right;">16</p> <p>Broccoli Cheese Quiche Cucumber/Onion/Sour Cream & Dill Salad Green Beans 12-Grain Bread Fresh Orange</p>	<p style="text-align: right;">18</p> <p>Braised Pork Chop w/Gravy Mashed Potatoes Spanish Style Lima Beans Wheat Dinner Roll Fresh Apple</p>
<p style="text-align: right;">21</p> <p>Goulash w/Ground Beef Broccoli Scandinavian Blend Vegetables Italian Bread Applesauce</p>	<p style="text-align: right;">23</p> <p>Italian Sausage Pasta & Sauce Italian Blend Vegetables Wax Beans Italian Bread Mandarin Oranges 32 cupcakes</p>	<p style="text-align: right;">25</p> <p>Breaded Haddock w/Tartar Sauce Coleslaw w/o Pineapple Tuscany Blend Vegetables Dinner Roll Pineapple</p>
<p style="text-align: right;">28</p> <p style="text-align: center;">ABVI CLOSED NO MEALS</p>	<p style="text-align: right;">30</p> <p>Ground Beef Stroganoff over Brown Rice Brussel Sprouts Mixed Vegetables Rye Bread Fruit Cocktail</p>	

Monroe County Dept of HS/Office for the Aging

No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability, or marital status. This program is funded by participants' contributions U.S. Administration of Aging, N.Y. State Office for the Aging, N.Y. State Dept. of Health, and Monroe County Dept. of HS/Office for the Aging.