

October 2018

Mon	Tue	Wed	Thu	Fri	Sat
1 BRING A THING CARDS TAI CHI ELDERSOURCE CARE MANAGER	2 BRING A THING CARDS AND BYO LUNCH	3 BRING A THING ARC/LIVE MUSIC/TAI CHI CARDS/COLORING 10:15 FIT AND FLEXIBLE MAH JONGG BINGO	4 BRING A THING CARDS AND BYO LUNCH PROJECT COUNCIL	5 BRING A THING CARDS 9:30 FIT AND FLEXIBLE \$\$ 11 GEOFF CLOUGH MUSIC EUCHRE	6 THE WORLD FAMOUS "ASK ERMA" MYSTERY TRIP 4:30 FRIENDSHIP SUPPER PLEASE BRING A DISH TO SHARE
8 CARDS TAI CHI THERAPY DOGS	9 CARDS AND BYO LUNCH MCOFA CRAFTS W/LUBA \$5/3	10 DEPUTY JOE RESCH ARC/TAI CHI CARDS/COLORING/CRAFTS 10:15 FIT AND FLEXIBLE MAH JONGG BINGO	11 CARDS AND BYO LUNCH FFLB AT FOUNDERS	12 CARDS 9:30 FIT AND FLEXIBLE \$\$ EFFORTLESSLY HEALTHY CAFÉ SAMPLES AND SPEAKER EUCHRE	13
15 CARDS TAI CHI ELDERSOURCE CARE MANAGER 1:00 MEDICARE 101 W/JANE AHRENS	16 CARDS AND BYO LUNCH BREAKFAST BUDDIES	17 ARC/TAI CHI/FLU SHOTS CARDS/COLORING 10:15 FIT AND FLEXIBLE MAH JONGG BINGO	18 CARDS AND BYO LUNCH	19 CARDS 9:30 FIT AND FLEXIBLE \$\$ 11 LIFESPAN FINANCIAL SVCS W/GABE GEIGER EUCHRE	20
22 CARDS TAI CHI	23 CARDS AND BYO LUNCH	24 ARC/TAI CHI CARDS/COLORING/CRAFTS 10:15 FIT AND FLEXIBLE MAH JONGG BINGO	25 CARDS AND BYO LUNCH TASTINGS W/KATIE	26 CARDS 9:30 FIT AND FLEXIBLE \$\$ EUCHRE	27
29 CARDS TAI CHI	30 LAMBERTON CONSERVATORY TRIP	31 ARC/TAI CHI CARDS/COLORING 10:15 FIT AND FLEXIBLE MAH JONGG BINGO	OGDEN SENIOR CENTER 200 S UNION STREET SPENCERPORT NY 14559 585 352-3250 AT OSC, WE'RE ALL ABOUT ACTIVE !!!!!		