


OGDEN SENIOR CENTER NUTRITIONAL MENU April-17

<p>MONDAY 3</p> <p>Chicken Stuffed w/Broccoli & Cheese Mashed Potatoes/Gravy Tuscany Blend Vegetables 12-Grain Bread Pears</p>	<p>WEDNESDAY 5</p> <p>Ind. Meat Loaf w/Vegetable Gravy Mashed Potatoes Mashed Winter Squash Wheat Bread Peaches</p>	<p>FRIDAY 7</p> <p>Vegetable Lasagna Scandaniavian Blend Vegetables Broccoli Italian Bread Pineapple</p>
<p>10</p> <p>Sloppy Joes on Bun Turkey Vegetable Soup Italian Blend Vegetables Fruit Cocktail</p>	<p>Easter Meal 12</p> <p>Baked Ham w/Pineapple Sauce Scalloped Potatoes California Blend Vegetables Dinner Roll Coconut Cake</p>	<p style="text-align: center;">ABVI CLOSED No Meals Served</p> <p style="text-align: right;">14</p>
<p>17</p> <p>Beer Battered Cod w/Tartar Coleslaw w/o Pinneapple Mixed Vegetables Dinner Roll Apple Sauce</p>	<p>19</p> <p>Hot Roast Beef Sandwich on 12-Grain Bread w/Gravy Tomato Florentine Soup Mashed Potatoes Apple Juice Pears</p>	<p>21</p> <p>Salisbury Steak w/Mushroom Sauce Potato Leek Soup Brussel Sprouts 12-Grain Bread Apricots</p>
<p>24</p> <p>Meat Lasagna Tossed Lettuce Salad w/lt Dr. California Blend Vegetables Italian Bread Peaches</p>	<p>26</p> <p>Rosemary Oven-Browned 1/4 Chicken Mexican Bean Soup Broccoli 12-Grain Bread Petite Banana 25 cupcakes</p>	<p>28</p> <p>Sweet & Sour Pork on Brown Rice Oriental Blend Vegetables Carrots Wheat Bread Pears</p>
		<p><i>All meals served with milk, bread, and margarine. Soup served with crackers.</i></p>

Monroe County Dept of HS/Office for the Aging

No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability, or marital status. This program is funded by participants' contributions U.S. Administration of Aging, N.Y. State Office for the Aging, N.Y. State Dept. of Health, and Monroe County Dept. of HS/Office for the Aging.