

OGDEN SENIOR CENTER NUTRITIONAL MENU

May-17

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| <p>MONDAY 1</p> <p>Goulash w/Ground Beef Spinach Lentil Soup Scandinavian Blend Veggies Wheat Bread Applesauce</p> | <p>WEDNESDAY 3</p> <p>BBQ Pulled Pork on Bun Fiesta Corn Salad Green Beans Petite Banana</p> | <p>FRIDAY 5</p> <p>Eggplant Rollup with Sauce Italian Blend Vegetables Broccoli Italian Bread Apricots</p> |
| <p>8</p> <p>Italian Sausage w/Peppers, Onions, Catsup, & Mustard on a Bun Peas, Carrots Mandarin Oranges</p> | <p style="text-align: center;">Honor Mothers 10</p> <p>Roasted Chicken Breast w/Dressing Fresh Mashed Potatoes and Gravy Tuscany Blend Vegetables Wheat Dinner Roll Strawberry Crème Pie</p> | <p>Chili Bingo Event 12</p> <p>Hot Dog on Bun w/Condiments Summer Potato Salad Cabbage Slaw Sherbet</p> |
| <p>15</p> <p>Chicken Cordon Bleu Mashed Potatoes & Gravy Spanish Lima Beans Marble Rye Bread Fruit Cocktail</p> | <p>17</p> <p>Broccoli Cheese Quiche Cucumber, Onion, Sour Cream, and Dill Salad Scandinavian Blend Veggies 12-Grain Bread Fresh Orange</p> | <p>19</p> <p>Sweet & Sour Pork on Brown Rice Oriental Blend Vegetables Spinach Dinner Roll Pears</p> |
| <p>22</p> <p>Pub Burger w/Lettuce, Tomato, & Onion & Condiments Potato Leek Soup Broccoli Sherbet</p> | <p>24</p> <p>Open-Faced Hot Roast Beef Sandwich on 12-Grain Bread Tossed Lettuce Salad w/Fr. Dressing Fresh Mashed Potatoes Fruit Gelatin w/Topping 30 cupcakes</p> | <p>26</p> <p>Breaded Haddock w/Tartar Sauce Coleslaw w/o Pineapple Tuscany Blend Vegetables Wheat Dinner Roll Blueberry Pie</p> |
| <p>29</p> <p style="text-align: center;">ABVI CLOSED No Meals Served</p> | <p>31</p> <p>Chicken Stuffed w/Broccoli & Cheese Mexican Bean Soup Mashed Potatoes and Gravy Wheat Dinner Roll Applesauce</p> | <p>All meals served with milk, bread, & margarine. <u>Soup served w/crackers.</u></p> |



Monroe County Dept of HS/Office for the Aging

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